City of Plymouth

Recreation Department

Original adoption by City Commission as of: 8-7-23 Update adopted by City Commission: 2-20-24



Over 60 & Over 70 Hockey Rules & Policies

League Administration:

- The City of Plymouth Recreation Department reserves the right to amend the rules, game times or policies if deemed to be in the best interest of the league
- All fees and registration procedures to be determined by City Staff
- The City Administration shall appoint a Program Coordinator for the Over 60 & Over 70 hockey leagues
- The Program Coordinator shall appoint no more than four league participants or volunteers as assistant coordinators of the league
- The Program Coordinator and Assistant Coordinators shall comprise the leagues "executive committee" and will make final determination of any policies or judgments not covered in this document
- The Program Coordinator may replace or recuse members of the executive committee in matters of that may be a conflict of interest
- Assistant Coordinator will receive discounted participation fees in consideration of their work. Discounted fee to be determined by the Program Coordinator
- No protests or appeals will be taken based upon the decisions of the referees
- Current USA Hockey Rules will be in play unless otherwise stated below

Team Drafts and Team Structure

- The number of teams per league and the number of players per team will be determined by the Program Coordinator
- Managers of the teams will be determined by each league executive committee

- The players of each team shall be determined by a "Draft" process. Each manager shall draft their team in order as determined by a blind draw. Individual Team registrations will not be accepted.
- Managers shall draft until their rosters are complete.
- Goalie assignment to teams shall be determined by draft or by the executive committee based on the number of goalies available for league play
- Once players have been drafted and rosters have reached capacity, any non-drafted players will be issued a refund of their league deposit and will be eligible for the "Sub List"
- If a player does not want to play for the team that drafted them, they can appeal to the
 executive committee for the option to be put back in the draft pool. All decisions of the
 executive committee are final.

PCC Over 60 & Over 70 House Rules

Game Time:

• Games will be 48 minute running time. (NO stop time in last 2 minutes)

Game Begins:

• Referees will puck drop at the top of the hour i.e. puck drop 9 am, 10 am, 11 am regardless of teams readiness

Center Line:

League will **not** play the center red line.

No Checking:

Play the puck not the man, penalties may be assessed based on referees judgment

Slap shots:

Not allowed and may be assessed an unsportsmanlike penalty

Penalty Time Duration:

• Two minutes (2:00) Major Five minutes (5:00)

Fighting Penalty:

• A player will receive a game misconduct and will be suspended for the next 2 games

Game Misconduct for Non Fighting Penalty:

The player will be suspended for the remainder of that game and the next game

Maximum Number of Penalties in One Game:

 A player with three penalties (of any kind) in one game is immediately suspended for the balance of the game

Maximum Number of Penalties in One Season: (Including Playoffs):

 Eight (8) penalties in the over 70 League and Ten (10) penalties in the over 60 League will result in a player being immediately removed from the league and forfeiture of all league fees paid

Gross Misconduct:

 Any intent to injure penalties will result in a player being immediately removed from the league and forfeiture of all league fees paid

Sub Players:

All subs must be registered and submit ice fee to the team captain.

Conduct Towards Referees:

• Disrespect of referees is not tolerated, will be considered a Game Misconduct for Non Fighting Penalty

Age Classifications:

 Based on a player's true age, players may play down an age classification but may not play up. Goalies shall be exempt from this rule.

ARENA RULES:

- No one is to go on the ice until after the Zamboni has left the ice and the doors are closed. The Zamboni Driver has the right to abandon the resurface for any safety concerns
- 2. No alcoholic beverages in the building or the parking lot.
- 3. Take any other cans or bottles out with you.
- 4. No smoking in the building. (This includes the locker rooms)
- 5. Get the locker room key from Arena Staff and return when you leave